

## VCCL Results - Wayne James

Member number: 119

Races: 148; Wins: 5 (3.4%); Top Ten: 47 (31.8%)

Active from 2009 to 2022

Date	Event	Place	km	Time	Spot	H'cap	C/Adj	N/Time	Margin	km Rate
26/04/2009	Fred Grubb Memorial Handicap	32	6.5	27:58	25	5:00		22:58	2:40	4:18
03/05/2009	25th Helmut & Maija Prentler 8000m Handicap	25	8	34:27	27	6:45		27:42	2:44	4:18
09/05/2009	Moran Stable Handicap	13	5	19:25	28	4:15		15:10	1:33	3:53
06/06/2009	Boutique FPS Handicap	40	5	22:15	28	4:15		18:00	2:39	4:27
14/06/2009	Hash House Harriers HHH Handicap	34	8	35:10	29	7:15		27:55	3:39	4:24
21/06/2009	18th Annual VCCL Social Club Handicap	20	6.5	27:40	29	5:50		21:50	1:40	4:15
28/06/2009	RetireInvest Eaglehawk to Bendigo Handicap	27	6.5	25:55	29	5:50		20:05	1:29	3:59
05/07/2009	33rd Anniversary Bob Cook Memorial Handicap	14	10	43:14	30	9:10		34:04	1:37	4:19
12/07/2009	36th Annual Murchison Handicap	19	10	41:34	30	9:10		32:24	1:59	4:09
19/07/2009	VCCL 'Ted Connell' 5k Legend Handicap	1	5	20:03	30	4:35		15:28	0:00	4:01
26/07/2009	Eric Greaves Memorial Handicap	27	10	42:33	24	7:20		35:13	3:28	4:15
02/08/2009	VCCL 'Joe Caruana' 8K Legend Handicap	27	8	32:42	24	6:00		26:42	2:01	4:05
09/08/2009	44th Annual Norm Charles Handicap	23	10	41:23	25	7:35		33:48	3:15	4:08
16/08/2009	Coburg Lake 6.5K Handicap	25	6.5	27:49	25	5:00		22:49	2:37	4:17
23/08/2009	Pinnacle Print Group Handicap	28	8	36:34	25	6:15		30:19	5:13	4:34
05/09/2009	Westgate Bridge Memorial Handicap	20	5	20:26	25	3:45		16:41	1:37	4:05
13/09/2009	Independent Signs Handicap	16	10	44:49	26	7:55		36:54	4:12	4:29
20/09/2009	President's Handicap	22	6.5	27:12	26	5:10		22:02	2:12	4:11
02/05/2010	Fred Grubb Memorial Handicap	24	6.5	26:42	26	5:10		21:32	2:09	4:06
08/05/2010	Moran Stable Handicap	14	5	19:10	26	4:00		15:10	0:50	3:50
16/05/2010	Rendina Family Handicap	21	8	32:16	26	6:30		25:46	1:36	4:02
23/05/2010	Combined VCCL/GCCC Handicap	9	10	41:11	27	8:15		32:56	1:10	4:07
30/05/2010	Caruana Cross Country Classic	37	8	34:26	27	6:45		27:41	2:40	4:18
06/06/2010	34th Annual Bob Cook Memorial Sealed Handicap	13	10	43:10	27	8:15		34:55	1:45	4:19
12/06/2010	Boutique FPS Handicap	3	5	19:03	28	4:20		14:43	0:10	3:49
20/06/2010	Retireinvest Eaglehawk to Bendigo Handicap	5	6.5	24:27	28	5:35		18:52	1:26	3:46
27/06/2010	Helmut & Maija Prentler Handicap	3	8	31:29	28	7:00		24:29	2:00	3:56
04/07/2010	Independent Signs Handicap	5	10	40:03	28	8:30		31:33	0:22	4:00
11/07/2010	37th Annual Murchison Handicap	17	10	40:23	28	8:30		31:53	2:11	4:02
18/07/2010	VCCL 5x3km Relay Challenge	8	3	11:52	28	2:48		9:04	0:32	3:57
25/07/2010	Eric Greaves Memorial Handicap	20	10	41:40	28	8:30		33:10	2:03	4:10
01/08/2010	VCCL Roy McKenzie Legend Handicap	9	5	19:16	28	4:20		14:56	0:46	3:51
08/08/2010	45th Annual Norm Charles Handicap	9	10	40:31	29	8:50		31:41	1:10	4:03
15/08/2010	George Perdon Handicap	8	16.09	1:09:03	29	14:30		54:33	2:13	4:17
22/08/2010	Hash House Harriers Handicap	9	8	31:52	29	7:15		24:37	1:32	3:59
29/08/2010	Swann Electronics Handicap	4	8	32:15	29	7:15		25:00	0:26	4:02
04/09/2010	Coburg Lake Handicap	7	6.5	26:01	29	5:50		20:11	0:40	4:00
12/09/2010	Westgate Bridge Memorial Handicap	7	5	19:33	29	4:25		15:08	0:21	3:55
19/09/2010	President's Handicap	5	6.5	26:26	29	5:50		20:36	1:12	4:04
22/05/2011	Moran Stable Handicap	20	5	20:43	29	4:25		16:18	1:39	4:09
29/05/2011	Rendina Family Handicap	31	8	33:38	29	7:15		26:23	2:19	4:12
05/06/2011	Caruana Cross Country Classic	24	8	34:03	30	7:30		26:33	2:26	4:15

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Date	Event	Place	km	Time	Spot	H'cap	C/Adj	N/Time	Margin	km Rate
11/06/2011	Boutique FPS Handicap	16	5	20:27	30	4:35		15:52	0:55	4:05
19/06/2011	Retireinvest Eaglehawk to Bendigo Handicap	36	6.5	26:31	31	6:10		20:21	2:28	4:05
26/06/2011	Independent Signs Handicap	11	10	42:06	31	9:25		32:41	1:07	4:13
03/07/2011	VCCL 5x3km Relay Challenge	1	3	11:48	32	3:12		8:36	0:00	3:56
10/07/2011	Helmut & Maija Prentler Handicap	10	8	33:20	32	8:00		25:20	0:53	4:10
17/07/2011	38th Annual Murchison Handicap	16	10	40:49	32	9:45		31:04	1:20	4:05
24/07/2011	Eric Greaves Memorial Handicap	22	10	43:36	33	10:05		33:31	2:57	4:22
31/07/2011	46th Annual Norm Charles Handicap	27	10	44:42	27	8:15		36:27	4:46	4:28
07/08/2011	Tony Rendina Legend Handicap	10	5	19:48	33	5:05		14:43	0:55	3:58
14/08/2011	Hash House Harriers Handicap	17	8	32:41	33	8:15		24:26	1:12	4:05
21/08/2011	George Perdon Handicap	28	16.09	1:18:23	33	16:30		1:01:53	11:05	4:52
28/08/2011	Coburg Lake Handicap	9	6.5	26:17	33	6:35		19:42	0:48	4:03
04/09/2011	Thermal Products Handicap	17	8	34:55	33	8:15		26:40	2:16	4:22
11/09/2011	Westgate Bridge Memorial Handicap	1	5	19:33	34	5:15		14:18	0:00	3:55
18/09/2011	President's Handicap	13	6.5	26:54	29	5:50		21:04	1:37	4:08
29/04/2012	Fred Grubb Memorial Handicap	13	6.5	26:19	27	5:25		20:54	1:31	4:03
06/05/2012	Rendina Family Handicap	23	8	33:10	27	6:45		26:25	2:35	4:09
09/06/2012	Family Feud Sealed Handicap	15	5	20:11	27	4:10		16:01	1:51	4:02
17/06/2012	Eaglehawk To Bendigo Handicap	29	6.4	25:48	28	5:35		20:13	1:53	4:02
24/06/2012	Independent Signs Handicap	11	10	43:04	28	8:30		34:34	2:06	4:18
01/07/2012	Yvonne Callaghan Handicap	15	5	20:18	28	4:20		15:58	1:37	4:04
08/07/2012	39th Murchison Handicap	19	10	42:02	29	8:50		33:12	3:00	4:12
22/07/2012	47th Norm Charles Handicap	7	10	41:28	31	9:25		32:03	1:44	4:09
29/07/2012	14th Eric Greaves Memorial Handicap	14	10	43:10	30	9:10		34:00	2:25	4:19
05/08/2012	VCCL Tony Moran Legend Handicap	12	8	33:40	30	7:30		26:10	1:06	4:13
12/08/2012	Kyneton Ridge Estate Handicap	2	6.5	26:29	30	6:00		20:29	0:41	4:04
19/08/2012	17th George Perdon Handicap	14	16.09	1:11:09	30	15:00		56:09	5:17	4:25
26/08/2012	Westgate Bridge Memorial Handicap	12	5	19:53	30	4:35		15:18	0:45	3:59
02/09/2012	Coburg Lake Classic	15	6.5	26:43	31	6:10		20:33	1:42	4:07
09/09/2012	Churchill Park Classic	12	8	33:37	31	7:45		25:52	1:16	4:12
16/09/2012	President's Handicap	8	6.5	27:26	32	6:25		21:01	0:51	4:13
14/04/2013	Fred Grubb & Robert Charlton Memorial	2	6.5	26:37	32	6:25		20:12	0:10	4:06
21/04/2013	Moran Stable Handicap	9	5	20:26	32	5:05		15:21	1:15	4:05
28/04/2013	Helmut & Maija Prentler Handicap	1	8	33:26	32	8:00		25:26	0:00	4:11
05/05/2013	18th Caruana Cross Country Classic	9	8	31:53	28	7:00		24:53	0:39	3:59
19/05/2013	24th Rendina Family Handicap	11	8	32:42	28	7:00		25:42	1:12	4:05
26/05/2013	4th 5x3km Relay Challenge	13	3	11:24	0	2:30		8:54	0:27	3:48
02/06/2013	Family Feud Handicap	11	5	19:40	28	4:20		15:20	0:34	3:56
16/06/2013	Flack Advisory Eaglehawk to Bendigo	17	6.4	25:54	30	6:00		19:54	0:59	4:03
23/06/2013	20th Independent Signs Handicap	8	10	41:13	28	8:30		32:43	1:33	4:07
30/06/2013	Jim McLure Legend Handicap	11	5	19:21	28	4:20		15:01	1:04	3:52
07/07/2013	40th Murchison Handicap	21	10	40:45	28	8:30		32:15	2:23	4:05
14/07/2013	Churchill Park Handicap	4	6.5	26:38	29	5:50		20:48	0:07	4:06
21/07/2013	15th Eric Greaves Memorial	10	10	41:54	29	8:50		33:04	0:58	4:11
28/07/2013	Jayen Engineers Woodlands Classic	3	5	19:12	29	4:25		14:47	0:09	3:50
04/08/2013	18th George Perdon Handicap	7	16.09	1:07:56	29	14:30		53:26	0:55	4:13
11/08/2013	Parks Victoria Handicap	2	8	32:44	29	7:15		25:29	0:05	4:06
18/08/2013	2nd Kyneton Ridge Estate Winery	2	6.5	26:20	29	5:50		20:30	0:05	4:03

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Date	Event	Place	km	Time	Spot	H'cap	C/Adj	N/Time	Margin	km Rate
25/08/2013	14th Westgate Bridge Handicap	11	5	20:02	29	4:25		15:37	0:57	4:00
08/09/2013	48th Norm Charles Handicap	5	10	40:24	30	9:10		31:14	2:27	4:02
15/09/2013	President's Handicap	1	6.5	26:00	29	5:50		20:10	0:00	4:00
04/05/2014	Fred Grubb & Bob Charlton Memorial	34	6.5	27:06	25	5:00		22:06	2:29	4:10
18/05/2014	Moran Stable Handicap	39	5	20:27	25	3:45		16:42	1:51	4:05
25/05/2014	25th Rendina Family Handicap	25	8	32:55	25	6:15		26:40	1:53	4:07
01/06/2014	19th Caruana Cross Country Classic	23	8	31:40	26	6:30		25:10	2:46	3:58
08/06/2014	Family Feud Sealed Handicap	16	5	19:25	26	3:55		15:30	0:59	3:53
15/06/2014	Flack Advisory Winter Classic	21	6.4	25:23	26	5:10		20:13	1:17	3:58
22/06/2014	5th 5x3km Relay Challenge	3	3	11:33	27	2:42		8:51	0:04	3:51
29/06/2014	21st Independent Signs Handicap	15	10	42:00	27	8:15		33:45	2:30	4:12
06/07/2014	Austbrokers Phillips Handicap	28	8	33:53	27	6:45		27:08	2:08	4:14
13/07/2014	Myrniong Handicap	10	6.5	26:42	27	5:25		21:17	0:49	4:06
03/08/2014	2nd Jayen Engineers Handicap	26	5	19:32	27	4:05		15:27	1:08	3:54
10/08/2014	19th George Perdon Handicap	10	16.09	1:07:45	27	13:30		54:15	2:02	4:13
17/08/2014	15th Westgate Bridge Handicap	26	5	19:36	27	4:05		15:31	0:52	3:55
24/08/2014	Ray O'Connor Legend Handicap	10	5	19:12	28	4:15		14:57	0:32	3:50
31/08/2014	49th Norm Charles Handicap	9	10	40:59	29	8:50		32:09	0:46	4:06
14/09/2014	3rd Kyneton Ridge Estate Handicap	12	6.5	26:50	28	5:35		21:15	1:10	4:08
21/09/2014	Presidents & Ted Paulin Handicap	4	6.5	26:26	28	5:35		20:51	0:39	4:04
19/07/2015	17th Eric Greaves Memorial	30	10	44:03	28	8:30		35:33	4:28	4:24
02/08/2015	20th George Perdon Handicap	25	16.09	1:14:30	28	14:00		1:00:30	8:59	4:38
16/08/2015	31st Helmut & Maija Prentler Handicap	28	6.5	28:28	28	5:35		22:53	2:40	4:23
23/08/2015	VCCL Legends Handicap	24	5	20:37	29	4:25		16:12	1:42	4:07
13/09/2015	4th Kyneton Ridge Estate Handicap	18	6.5	28:53	29	5:50		23:03	2:54	4:27
20/09/2015	Presidents & Ted Paulin Handicap	21	6.5	30:05	29	5:50		24:15	2:47	4:38
06/05/2017	28th Rendina Family Handicap	22	8	38:28	30	8:30		29:58	5:42	4:49
14/05/2017	Brimbank Handicap	17	5	22:15	30	4:30		17:45	2:12	4:27
20/05/2017	Moran Stable Handicap	21	5	21:14	31	4:40		16:34	1:46	4:15
11/06/2017	18th Westgate Bridge Handicap	17	5	21:34	31	4:40		16:54	1:46	4:19
24/06/2017	Yarra Bend Handicap	14	8	36:08	31	7:45		28:23	3:47	4:31
01/07/2017	AB Phillips Handicap	15	6.5	28:08	32	6:25		21:43	2:26	4:20
06/08/2017	19th Eric Greaves Memorial Handicap	13	10	43:43	32	9:45		33:58	2:10	4:22
19/08/2017	Jells Park Handicap	7	5	20:08	32	4:50		15:18	1:29	4:02
10/09/2017	Presidents & Ted Paulin Handicap	1	3	11:26	34	3:24		8:02	0:00	3:49
28/04/2018	parkrun	19	5	24:40	29	4:25	0:30	19:45	5:40	4:56
02/06/2018	parkrun	21	5	21:47	29	4:25	0:20	17:02	2:58	4:21
11/08/2018	parkrun	18	5	23:30	30	4:30	0:40	18:20	4:04	4:42
18/08/2018	parkrun	18	5	22:55	31	4:40	0:30	17:45	3:35	4:35
12/05/2019	Jells Park Sealed Handicap	17	6.5	29:43	31	6:10		23:33	4:26	4:34
18/05/2019	parkrun	20	5	23:03	31	4:40	0:15	18:08	3:29	4:37
08/06/2019	parkrun	19	5	22:50	32	4:50	0:00	18:00	3:21	4:34
03/08/2019	parkrun	15	5	21:34	32	4:50	0:00	16:44	2:24	4:19
17/08/2019	parkrun	16	5	21:52	33	5:00	0:15	16:37	1:56	4:22
14/09/2019	parkrun	16	5	23:18	33	4:55	0:00	18:23	4:04	4:40
05/10/2019	Presidents Handicap	8	3	13:27	35	3:20		10:07	1:30	4:29
24/04/2021	Jells Park Sealed Handicap	6	5	22:29	34	5:10		17:19	2:04	4:30
08/05/2021	parkrun	19	5	24:05	34	5:10	0:12	18:43	4:22	4:49
03/07/2021	parkrun	6	5	20:56	35	5:15	0:05	15:36	1:07	4:11
30/04/2022	parkrun	13	5	23:27	35	5:15	0:12	18:00	2:48	4:41
21/05/2022	parkrun	14	5	23:10	35	5:15	0:00	17:55	3:00	4:38
04/06/2022	parkrun	13	5	23:51	36	5:25	0:00	18:26	3:08	4:46
02/07/2022	parkrun	15	5	23:51	36	5:25	0:00	18:26	3:26	4:46
30/07/2022	parkrun	15	5	22:58	37	5:35	0:00	17:23	2:26	4:36

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Date	Event	Place	km	Time	Spot	H'cap	C/Adj	N/Time	Margin	km	Rate
13/08/2022	parkrun	10	5	22:14	37	5:35	0:00	16:39	1:34		4:27
10/09/2022	parkrun	7	5	26:07	37	5:35	0:10	20:22	4:21		5:13
24/09/2022	parkrun	14	5	23:11	37	5:35	0:00	17:36	2:17		4:38
02/10/2022	Presidents Handicap	9	3	14:14	38	3:48		10:26	1:40		4:45